



# Year B Medium Term – RHE/PHSE

Year B Summer 1

EYFS

## Nursery - N1 / N2

Personal, Social Emotional Development 3/4 Year Olds

Self-Regulation -

Understand gradually how others might be feeling

Managing Self - Being increasingly independent in meeting their own care needs e.g. brushing teeth, using the toilet, washing and drying their hands thoroughly, changing for PE/Outdoor Education

Building Relationships-

Increasingly Find solutions to conflicts and rivalries.

Key Vocabulary: feelings, friends, independent, problem solve

Reception

BUILDING RELATIONSHIPS - MY FAMILY AND FRIENDS

- To think about the perspectives of others in class and learning about how different beliefs celebrate special times
- To understand why sharing is important
- To understand the characteristics of a good friend
- To learn about the importance of supporting others by being kind
- To understand the importance of perseverance in the face of challenge

Key Vocabulary: experience, sharing, good friend, kind

Year 1 / 2

Economic Wellbeing

## Money

To know that coins and notes have different values

To know where children might get money from

To know why it is wrong to steal money

To know where adults might get money from(YR2)

## Needs and Wants

To know some things I need (Y1)

To know things that I own which are 'wants' (Y1)

To know why people have to prioritise needs over wants (Y2)

To know that I may need to save money to buy something I want (Y2)

## Saving and Spending

To know that we can make choices about what to do with our money

To know what might influence these choices

## Banks and Building Societies

To know that banks and building societies help to keep money safe

To know why a savings account helps me to save

Year 3 / 4

## Spending Choices

To begin to recognise how ethics can influence our spending decisions (Y3)

To begin to understand what makes something good value for money (Y4)

I can identify things that can influence how we decide to spend our money

I can identify and explain positive choices people can make when spending

I can describe my opinion on what makes something good value for money

I can explain why people see value for money differently

I can identify other factors which might affect a decision to buy something

## Budgeting

To understand how to put together a budget (Y3)

To begin to understand the importance of keeping track of money (Y4)

I can explain the importance of budgeting

I can put together a budget

I can explain that people spend and save in different ways

I can explain some ways of tracking money

I can track how much money has been spent

To know what I should look for when choosing a bank account(YR2)

**Jobs**

- I know that there are different jobs in school (Yr1)
- To know the skills people need to do different jobs (Yr1)
- To know there are many different jobs outside school (Yr2)
- To know some of the things involved in choosing a job (Yr2)

I can work out how much money is left

**Money and Emotions**

- To recognise that money has an impact on how we feel. (Y3)
- To understand ways money can be lost and how this makes people feel (Y4)
- I can explain what emotions someone might feel in different situations involving money
- I can explain how people might try and change their negative feelings to a situation
- I understand that money can be lost in a variety of ways

I can explain some feelings associated with losing money

I can explain some ways to keep money safe

**Jobs Careers**

- To understand that there are a range of jobs available and to think about what job they might want to do. (Y3)
- To consider positive and negative factors that can influence people's career choices. (Y4)

- I understand that there are many jobs available
- I can identify jobs I might want to do
- I can explain why I might be able to a particular job
- I understand that there are a range of influences on job choices
- I can identify positive and negative influences
- I can explain how someone might overcome negative influences

**Jobs for me**

- To understand that many people will have more than one job or career
- I understand that people can change their job
- I can explain some of the reasons why people might change their job

**Key Vocabulary**

Coins, Notes, Value, Savings, Pocket money, Earn  
Wages • Want, Survive, Essential, Priority, Choice,

**Key Vocabulary**

Jobs, Career, budgeting, impact, spending

**Nursery - N1 / N2**

Personal, Social Emotional Development **3/4 Year Olds**

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Reception

**MANAGING SELF - MY WELLBEING**

- To understand the importance of exercise and explore how this affects different parts of the body
- To explore guided meditation and relaxation
- To understand why it is important to be able to take care of oneself
- To understand what it means to be a safe pedestrian
- To understand what it means to eat healthy
- To understand the importance of healthy food choices and what a balanced diet is
- To understand how to brush my teeth (Nursery also)

Key Vocabulary: self care, road safety, healthy, diet

**YEAR 1 / 2  
Transition**

Key Vocabulary

To know the positives and challenges of change

Year 1

To know that everyone has different strengths

To know some of the skills I have developed in Year 1

Year 2

To know how to ask questions to help me deal with change

To know who can help us deal with change

Key Vocabulary

Strengths, Skills, Move, Change (Y2), Feelings (Y2), Emotions (Y2)

**Year 3 / 4  
Transition**

Mindmap

To know how to create goals to achieve in Year 4 (Y3)

To understand the strategies people use to cope with change (Y4)

TO know how to identify my achievements this year

Year 3

To be able to set myself goals

I know who I can talk to if I am worried about anything

Year 4

To know that there are different strategies I can use to deal with change

To know that the opportunities and responsibilities that change might bring

Mindmap

What would you like to work on next year?

How could you achieve this goal?

What do you think you have achieved this year?

Key Vocabulary

Opportunity (Y4), Responsibility (Y4), Change, Cope (Y4) Strategies (Y4), Targets (Y3), Goals (Y3)