

Year B Medium Term – RHE/PHSE

Year B Summer 1

EYFS

Nursery - NI / N2

Personal, Social Emotional Development 3/4 Year Olds

Self-Regulation -

Understand gradually how others might be feeling

Managing Self - Being increasingly independent in meeting their own care needs e.g. brushing teeth, using the toilet, washing and drying their hands thoroughly, changing for PE/Outdoor Education

Building Relationships-

Increasingly Find solutions to conflicts and rivalries.

Reception

BUILDING RELATIONSHIPS - MY FAMILY AND FRIENDS

- To think about the perspectives of others in class and learning about how different beliefs celebrate special times
- To understand why sharing is important
- To understand the characteristics of a good friend
- To learn about the importance of supporting others by being kind
- To understand the importance of perseverance in the face of challenge

Economic Wellbeing	
Money	
To know that coins and notes have different values	
To know where children might get money from	
To know why it is wrong to steal money	
To know where adults might get money from(YR2)	
Needs and Wants	
To know some things I need (YI)	
To know things that I own which are 'wants' (YI)	
To know why people have to prioritise needs over wants (Y2)	
To know that I may need to save money to buy something I want (Y2)	
Saving and Spending	
To know that we can make choices about what to do with our money	
To know what might influence these choices	
Banks and Building Societies	
To know that banks and building societies help to keep money safe	
To know why a savings account helps me to save	
To know what I should look for when choosing a bank account(YR2)	
Jobs	
I know that there are different jobs in school (Yr1)	
To Know the skills people need to do different jobs (YrI)	

To know there are many different jobs outside school (Yr2)	
To know some of the things involved in choosing a job (Yr2)	
Kau Va ahula mu	
Key Vocabulary	
 Money, Coins, Notes, Value, Savings, Pocket money, Earn Wages (Y2)Benefits (Y2)Presents (Y2)Pension (Y2) Need 	
• Want, Survive, Essential, Priority Choice, Save, Spend, Interest, Bank	
 Building society Safe, Interest, Bank account, Job, Skill, Earn, Money Interests 	
SHMMER 2	

SUMMER 2

EYFS

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Reception

MANAGING SELF - MY WELLBEING

- To understand the importance of exercise and explore how this affects different parts of the body
- To explore guided meditation and relaxation
- To understand why it is important to be able to take care of oneself
- To understand what it means to be a safe pedestrian
- To understand what it means to eat healthy
- To understand the importance of healthy food choices and what a balanced diet is

YEAR 1 / 2 Transition	Year 3 / 4 Transition
Key Vocabulary	Mindmap
	To know how to create goals to achieve in Year 4 (Y3)
To know the positives and challenges of change	To understand the strategies people use to cope with change (Y4)
Year I	TO know how to identify my achievements this year
To know that everyone has different strengths	year 3
To know some of the skills I have developed in Year 1	To be able to set myself goals
Year 2	I know who I can talk to if I am worried about anything

To know how to ask questions to help me deal with change	Year 4
To know who can help us deal with change	To know that there are different strategies I can use to deal with change
	To know that the opportunities and responsibilities that change might bring
	Mindmap
	What would you like to work on next year?
	How could you achieve this goal?
	What do you think you have achieved this year?
Key Vocabulary	Key Vocabulary
Strengths, Skills, Move, Change (Y2), Feelings (Y2),Emotions (Y2)	Opportunity (Y4), Responsibility (Y4), Change, Cope (Y4) Strategies (Y4), Targets (Y3), Goals
	(Y3)